# SYLLABUS FOR VAC - Understanding India FOUR YEAR UNDERGRADUATE PROGRAM (FYUGP) (As per NEP 2020)

# VAC - UNDERSTANDING INDIA

# **UNIT I**

- i. Physical Features of India: Landscape, Mountains and Rivers
- ii. Population, its growth, distribution and migration
- iii. People and Culture of India: Major Festivals, Culinary traditions and Costumes

# **UNIT II**

- i. Religious Tradition of India: Vedic Age, Buddhism, Jainism, Bhakti, Sufi, Social Reform Movement and Revivalism.
- ii. Art and Architecture of India: Indus Town Planning, Rock Cut Architecture, Styles of Temple of Temple Architecture, Indo-Islamic Architecture, Colonial Architecture, Ajanta Painting and Bengal School of Art.

# **UNIT III**

Freedom Struggle: Revolt of 1857, Formation of Indian National Congress, Swadeshi Movement, Gandhian Movements, Subhas Chandra Bose and INA, Independence and Partition of India.

# **UNIT IV:**

Constitution of India

- i Preamble
- ii. Salient Features
- iii. Fundamental Rights
- iv. Fundamental Duties

# **UNIT V**

Indian Economy

- i. Mixed Economy
- ii Planning Commission
- iii. Liberalization after 1991

# Suggested Readings

Basham, A.L. A Wonder That Was India. New Delhi: Rupa, 1994.

Basu, Durga Das. Introduction to the Constitution of India. New Delhi: Lexis Nexis, 2012.

Chandra, Bipan, Mridula Mukherjee, Aditya Mukherjee, K.M. Panikkar, and Sucheta Mahajan. *India's Struggle for Independence*. New Delhi: Penguin Books India, 1989.

Chandra, Satish. *History of Medieval India*. New Delhi: Orient Black Swan, 2009.

Dutt, R., and Sundharam. *Indian Economy*. New Delhi: S. Chand & Company Ltd., 2018.

Hussain, Majid. *Geography of India*. Edited by Tasawwur Husain Zaidi. Noida: McGraw Hill, 2022.

Lahiri, Nayanjot. *Marshaling the Past: Ancient India and Its Modern Histories*. New Delhi: Permanent Black, 2012.

Ray, Tirthankar. *The Economic History of India 1857-1947*. New Delhi: Oxford University Press, 2006.

Sharma, R.S. *India's Ancient Past*. New Delhi: Oxford University Press, 2007.

Thapar, Romila. *The Penguin History of Early India: From the Origins to AD 1300*. New Delhi: Penguin India, 2003.